

ForWhen



Free National Perinatal and Infant Mental Health Care Navigation Phone Service

Our team of skilled clinicians in each State and Territory expertly triage and navigate callers, connecting them to local and national mental health services and supports that best match their needs.



 1300 24 23 22

How to refer?

You can refer a patient (who has given consent) or request information about mental health services by calling **1300 24 23 22**.

Patient can also self-refer or have a family member call on their behalf.

Who can ForWhen support?

- New and expecting parents from conception until the child is 12 months of age
- Parents with moderate to severe perinatal mental health concerns

We will work with you to help your patients find appropriate and timely perinatal mental health supports that suit their needs.

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 1300 24 23 22
Mon-Fri 9am - 4.30pm

  @ForWhenHelpline
ForWhenHelpline.org.au