

ForWhen

Strong Parents, Safe Bubs

Feeling worried, sad, stressed
or judged?

What does keeping bubs safe mean?

Everyone deserves to feel safe, especially our bubs. We want to give our bubs the best start in life – allowing them to feel safe and secure.

Our little ones grow healthy and strong when they have a safe home and loving environment.

Early support and help can change everything

Knowing when you need help and asking for it is a real strength. There's no shame in reaching out for help with your wellbeing when you need it.

You might be feeling:

- Scared, sad and shame
- Angry and anxious
- Confused and powerless

It's normal to feel confused and overwhelmed, lots of people do, and you don't have to face it alone. It's okay to ask for help.

Getting the help you need

We help you make safe choices for you and little one. It can be to cope with the pressure and struggles of having a new bub. Your wellbeing is important, and we know that you want what's best for you and your little one. Let us walk beside you to help you stay strong and connected to culture, while keeping everyone safe.

No Shame, No Judgement, Just Care

Your wellbeing is protected and matters

“Protecting our kids is our culture”

Our bubs deserve to grow up safe, strong and with mob

1300 24 23 22

Yarning for your bub's safety

Need a yarn? When we're not feeling right it can make caring for bub harder. Getting support early is the safest thing to do and makes a big difference.

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Designed by Jordan Lovegrove (Ochre Dawn)

Call 1300 24 23 22

